

# How Often

Write true sentences about yourself with the following adverbs of frequency. Use the **Present Simple** as it suggests you do these things habitually.

never

sometimes

often

always

once a week

more than once a year

once in a lifetime

every day

every weekend

go to church \_\_\_\_\_

visit family \_\_\_\_\_

get married \_\_\_\_\_

play football \_\_\_\_\_

dance \_\_\_\_\_

get up \_\_\_\_\_

have a shower \_\_\_\_\_

do gardening \_\_\_\_\_

eat dairy products \_\_\_\_\_

travel by train \_\_\_\_\_

do meditation \_\_\_\_\_

save money \_\_\_\_\_